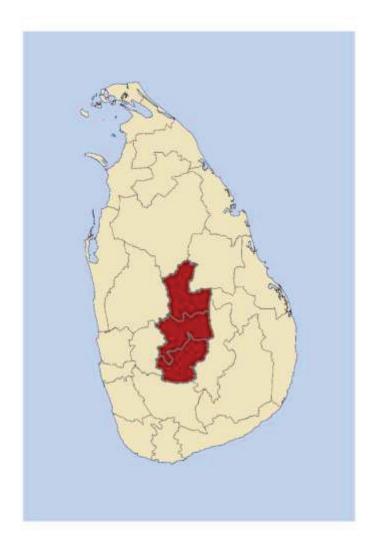
# Situational Analysis on Capabilities of Primary Medical Care Institutes Towards Delivery of Primary Medical Care

Central Province Reorganizing Primary Health Care in Sri Lanka Preserving our progress, preparing our future

Primary HealthCare System Strengthening Project (PSSP)

May 2023

# Situational Analysis on Capabilities of Primary Medical Care Institutes Towards Delivery of Primary Medical Care 2023

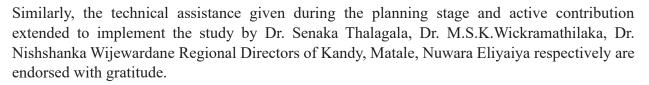


**Central Province** 

#### Acknowledgment

This study was conducted for the fulfillment of activities related to Disbursement Linked Indicators of the Primary Health Care System Strengthening Project (PSSP), Ministry of Health.

I acknowledge the valuable guidance given by Dr. Deepika Attygalle, Senior Health Specialist World Bank, South Asia, and the Task Team Leader for the project during the planning of the study. The advice and assistance given by Dr. Nihal Weerasooriya, Provincial Director of Central Province is sincerely recorded.



We highly appreciate the dedication and the commitment extended by all Medical Offices and staff members at the provincial and district level for their uphill task of collecting and entering the required data during the survey in a very short time period. Their tireless effort has significantly contributed to the overall success and quality of the survey results

Mr. Sri Mallikarachchi, M&E Specialist of the Project deserves commendation for his exemplary leadership and guidance in driving his team towards this successful accomplishment of the task. His precise guidance and utilization of appropriate methods for data gathering, cleaning, coding, tabulation, analysis, and producing the report have been instrumental in ensuring the accuracy and reliability of the survey report.

Special thanks are extended to Mr. Pradeep Jayawardena and Ms. Upekshika Ranasinghe for their valuable contribution throughout the entire process, from the stage of developing and pre-testing the format, data gathering through to the final reporting. Their dedication and commitment have played a crucial role in ensuring the success of the activity.

The active participation and contributions of Alwis de silva, Rohan Raj Perera, Prasanna Samarawikrama, A G Thanuja, Kaushalya Wijesinghe, Dulashi Wickramsinghe, Chandrika Madubhashini and Damith Senaka in the process of data gathering, report writing, and management processes of the survey are highly acknowledged:

As the Project Director, I express my sincere gratitude and unstinted thanks to all the officials who have contributed their time, energy, and expertise to the successful completion of the survey. Their dedication, cooperation, and hard work have been instrumental in gathering reliable data, cleaning, coding, and analyzing during a very short period in order to produce a comprehensive report.

Dr J.M.W. Jayasundara Bandara Project Director Primary HealthCare System Strengthening Project



Table of Contents Acknowledgment	3
Abbreviation	7
Executive Summary	8
Introduction	9
Primary Medical care Institutions (PMCI) in Central Province	9
Results	11
Services and Infrastructure	11
Current Status of Water Supply	11
Current status of Well water (Protected or Unprotected)	11
Safe drinking Water availability in OPD and Clinic area	12
Status of Electricity and Backup Generators	12
Availability of waste disposal methods and Clinical waste management	13
Physical space and Infrastructure at Primary Care Institutions	14
Services for curative and preventive care	17
Availability of Staff Quarters and Current Status	19
Services readiness at the PMCIs	20
Facilities for sputum collection for TB screening	20
Facilities to deliver primary oral health care package	21
Facilities to manage the basic emergency	22
Counseling service through the hospital	22
Providing Mental Health activities or conducting clinics	23
Minimum preparedness for managing communicable diseases in epidemic nature	24
Medical equipment and other necessities for NCD screening and diagnosis	25
Human Resource Needs	26
Availability of Nursing Officers in position:	26
Others Essential Categories for Primary Healthcare Services	28
Patient record system and referral mechanism	30
Currently available digital patient record system	30
Internet connectivity	30
Laboratory Investigation Facilities	31
Providing laboratory services to nearby hospitals	32
Alternative Approaches for laboratory Services	32
Drug Supplies	35
Drugs Ordering and estimating annual drug requirement	35
Drug Storage Facilities	37
Citizen engagement committee and Grievances redress	38
Implementation and Analysis of Grievance Redress Mechanism	40

Conclusion	42
Annexure 01	43

# List of Tables

Table 1 Survey of Primary Medical Care Institutes: Completion and Response Rate	9
Table 2 Current Status of Water Supply	. 11
Table 3 Current status of Well water (Protected or Unprotected)	. 11
Table 4 Safer drinking Water availability in OPD and Clinic area	
Table 5 Status of Electricity and Backup Generators	. 12
Table 6 Availability of Backup Generator - Divisional Hospitals	. 13
Table 7 Availability of Backup Generator - Divisional Hospitals	. 13
Table 8 Waste Disposal Methods	. 13
Table 9 Methods of Handling Clinical Waste	. 14
Table 10 Availability of waiting area the Patient	. 14
Table 11 Space for dispensary	
Table 12 Space drug store	
Table 13 Space for Restroom for Medical Officer	
Table 14 Restroom for Nursing Officers	
Table 15 Restroom for Other Staff	. 16
Table 16 Toilet facilities for patients	
Table 17 Space for a meeting Room	
Table 18 Space Pantry Area	. 16
Table 19 Dental Room Facilities	
Table 20 ETU room/ Space for emergency care	
Table 21 Dressing room/ space for wound care	. 17
Table 22 Injection room facilities	. 18
Table 23 Clinic Rooms	. 18
Table 24 Office Space for PHMs	. 18
Table 25 Space for breastfeeding	. 18
Table 26 Quarters for MOO	. 19
Table 27 Quarters for NOO	
Table 28 Any Other Quarters	. 19
Table 29 Cervical Cancer Screening (PAP testing)	. 20
Table 30 Facilities for sputum collection for TB screening	. 20
Table 31 Facilities to deliver primary oral health care package	. 21
Table 32 Facilities to manage the basic emergency	
Table 33 Counseling service through the hospital	
Table 34 Providing Mental Health activities or conducting clinics	
Table 35 Separate areas to manage suspected patients of Covid-19 infection or any other epidemic	. 24
Table 36 Separate triage area Sign posted at the entrance of all hospitals	. 24
Table 37 Major symptoms/ risk factors should be displayed at the entrance All OPDs	. 25
Table 38 Equipment and other essential items used for NCD screening and Diagnosis	. 25
Table 39 Availability of Graduate Medical Officers	. 27
Table 40 Availability of RMO/AMO	
Table 41 Availability of all medical Officers ( Graduate MO and RMO)	. 27
Table 42 Availability of Nursing Staff	. 27
Table 43 Availability of Ward Sister	. 28
Table 44 Availability of Dental surgeon	
Table 45 Availability of Medical Laboratory Technologists (MLT)	. 28

Table 46 Availability of PHNO 29
Table 47 Availability of Pharmacist 29
Table 48 Availability of Dispenser 29
Table 49 Availability of Development Officer 29
Table 50 Availability of Management Assistant 30
Table 51 Currently available digital patient record system 30
Table 52 Internet connectivity
Table 53 Nature of the connectivity
Table 54 Availability of Laboratory facilities
Table 55 Laboratory service providing 32
Table 56 Usage of alternative methods for blood glucose 33
Table 57 Usage of alternative methods for cholesterol 34
Table 58 Usage of alternative methods for creatinine    34
Table 59 Drugs Ordering 35
Table 60 Estimate annual drug requirements 35
Table 61 Shortfall of essential medicines at the institution 36
Table 62 Prescribe drugs & request patients to buy from outside 37
Table 63 Good storage facility with AC to store pharmaceuticals
Table 64 A refrigerator to store such required
Table 65 Awareness of Friend of Facility Committee "Suwaseva Mithuro" 39
Table 66 Establishment of "Suwaseva Mithuro" 39
Table 67 Establishment of "Suwaseva Mithuro" 40
Table 68 Any grievance/ suggestion box kept at the institution 41
Table 69 How frequently check the box 41
Table 70 Corrective measures are undertaken in such situations 41

Abbreviation

DHA	Divisional Hospital Type A
DHB	Divisional Hospital Type B
DHC	Divisional Hospital Type C
DLR	Disbursement Link Result
ETU	Emergency treatment Unit
FFC	Friends of facility Committees
GRM	Grievance Redress Mechanism
HHIMS	Hospital Health Information Management System
HIMS	Health Information Management System
LA	Local Authority
MLT	Medical Laboratory Technologists
MoH	Ministry of Health
MO	Medical Officer
NCD	Non-Communicable Disease
NO	Nursing Officer
OPD	Out Patients Division
PDHS	Provincial Director of Health Services
PHC	Primary health Care
PHNO	Public Health Nursing Officers
PMCI	Primary Medical Care Institute
PMCII	Primary Medical Care Institutes
PMCU	Primary Medical Care Unit
PSSP	Primary Health Care System Strengthening Project
RDHS	Regional Directors of Health Services
RMO	Registered Medical Officer
ТВ	Tuberculosis

As per the agreement signed between the government of Sri Lanka and the World Bank in 2018 for reorganization of Primary Care System a province wise situational analysis was expected to be conducted two times; one before the implementation of project in 2019 and the other in 2023. This survey was conducted in accordance with the agreement.

Following this situational analysis, it has been made very clear that certain remarkable gaps existed in 2019 have been corrected to greater extent. For example, the number of primary medical care institute not having proper ETUs ie 447 in 2019 has been reduced to 255 this year. Further a surplus of 226 drugstores, 198 dispensaries and 91 adequate waiting areas have been established, addressing the gaps. In 2019 accessibility to safe drinking water in OPDs and clinics was not available in 339 hospitals which has been satisfactorily reduced to 210 in 2023. Similarly, number of hospitals not having proper toilets to patients has been reduced from 305 to 168. This indicates that the situation analysis at provincial level has induced to develop a good action plan for investment which need further improvement.

Out of 154 PMCII in central province 153 have responded during the data collection. Survey included the following areas of concerns which are directly related to the responsive and qualitative primary care services delivered to people. Relevant questions were included in the questioner with regard to Current Status of Water Supply, Status of Electricity and Backup Generators, Availability of waste disposal methods and Clinical waste management, Physical space and Infrastructure at Primary Care Institutions, Services for curative and preventive care, Availability of Staff Quarters and Current Status, Services readiness at the PMCIs, Minimum preparedness for managing communicable diseases in epidemic nature, Medical equipment and other necessities for NCD screening and diagnosis, Human Resource Needs, Patient record system and referral mechanism, Internet connectivity, Laboratory Investigation Facilities, Drug Supply, Drug Storage Facilities, Citizen engagement committee and Grievances redress, Implementation and Analysis of Grievance Redress Mechanism.

Many areas including infrastructure development utilities such as water supply and electricity are showing an improvement compared to the previous survey. However, areas such as human resource, accessibility to laboratory facilities, internet connectivity including heath information system and the grievance redress mechanism leading to responsiveness should be given priority attention in future development procedures.

#### Introduction

A comprehensive gap analysis was conducted in year 2018 before implementing the PSSP activities in provinces. After four and half years approximately, a similar study was done to gather information on services and infrastructure across all hospitals in the province again. The purpose of this analysis was to identify gaps in various areas including infrastructure, service provision, equipment requirements, support services, human resources need, citizen engagement status, and gaps in health information systems even after a considerable investment done through the project implementation.

By conducting this gap analysis, valuable insights were obtained regarding the current state of healthcare facilities and services in the province. The identified gaps will serve as a base for developing action plans with targeted strategies to address the identified areas for improvement. This analysis plays a crucial role in enhancing the overall quality of healthcare delivery and ensuring the provision of efficient and effective services to meet the needs of the population.

#### Primary Medical care Institutions (PMCI) in Central Province

Figures in the table below indicate the number of PMCIs (DHA, DHB, DHC and PMCU) which have completed the questionnaire.

						Response
<b>RDHS</b> area	DH A	DH B	DH C	PMCU	Total	rate (%)
Kandy	15	22	10	28	75	100
Matale	7	4	6	15	32	97
Nuwara Eliya	2	8	14	22	46	100
Total	24	34	30	67	153	

Table 1 Survey of Primary Medical Care Institutes: Completion and Response Rate

#### Methodology

To achieve the DLR 3.3 in the Result Frame Work, during the pre-planning stage of the activity several meetings were conducted with the provincial health authorities to obtain their insights and views to develop the data collection format compared with the previous format which was used in the year 2018. Based on the comments and insights, draft questionnaire (Annexture 01) was developed and tested in the field. Thereafter all relevant Medical Officers in PDHS office and three RDHS offices were educated on how to use the questionnaire effectively. The training aimed to ensure that the Medical Officers have understood the purpose of the questionnaire, its specific questions, and the proper application for data collection.

The training provided guidance on administering the questionnaire, including instructions on how to approach respondents, how to record their responses accurately, and how to feed the collected information into Google Form.

Collected data were subjected to a data cleaning process to ensure accuracy and consistency. This involved reviewing the data for any errors, inconsistencies, or missing values, and correcting or removal was affected as necessary.

Once the data cleaning was completed, the cleaned data were coded and tabulated to organize it in a structured format suitable for analysis. This tabulation involved arranging the data in rows and columns, with each row representing a respondent and each column representing a specific variable or question in the questionnaire.

The structured data set was analyzed by using statistical methods in SPSS and MS Excel to produce tables and graphs. Finally, the information derived from the analysis will be used for verification purposes.

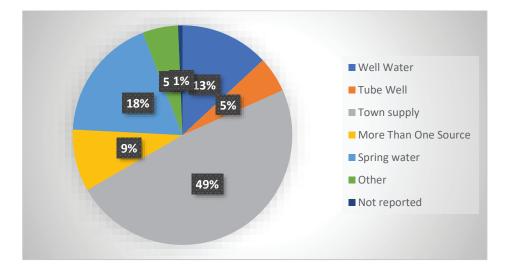
#### Results

#### Services and Infrastructure

# **Current Status of Water Supply**

Table 2 Current Status of Water Supply

RDHS area	Well Water	Tube Well		More Than One Source	Spring water		Not reported	
Kandy	8	2	44	6	9	6		75
Matale	3	4	13	5	4	2	1	32
Nuwara Eliya	9	2	17	3	15			46
Total	20	8	74	14	28	8	1	153



Based on the provided information, it indicates that 13% of the hospitals used well water as a source for their day-to-day activities. Similarly, 18% of the hospitals relied on spring water as a source. On the other hand, the majority of hospitals, totaling to 49%, utilized town water supply as their water source for daily utilization. It helps to identify potential gaps or areas that may require attention, such as ensuring adequate access to clean and safe water sources for maintaining hygienic standards in therapeutic interventions within the healthcare facilities.

#### Current status of Well water (Protected or Unprotected)

 Table 3 Current status of Well water (Protected or Unprotected)

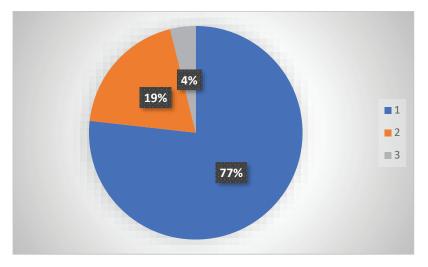
RDHS area	Protected	Unprotected	Total
Kandy	8		8
Matale	3		3
Nuwara Eliya	9	2	11
Total	20	2	22

Based on the information provided, it appears that in Kandy and Matale areas, 100% of the protected well water is being used. In Nuwara Eliya area, 92% of the PMCII utilized protected well water.

# Safe drinking Water availability in OPD and Clinic area

Table 4 Safer drinking Water availability in OPD and Clinic area

RDHS area	Safe Drinking Water Available	Safe water is not available		
Kandy	55	16	4	75
Matale	23	7	2	32
Nuwara Eliya	39	7		46
Total	117	30	6	153



Ensuring the availability of safe drinking water in the outpatient department (OPD) and clinic areas is essential for maintaining the health and well-being of patients, visitors, and healthcare providers.117 (77%) PMCII Provide safe drinking water while 30 (19%) PMCII, specifically 16 in Kandy, 7 in Matale, and 7 in Nuwara Eliya, currently do not have access to safe drinking water in OPD and Clinics.

# Status of Electricity and Backup Generators

Table 5 Status of Electricity and Backup Generators

	DH A	DH B	DH C	PMCU	Total
Mainline	24	34	30	62	150
Mainline& Solar				1	1
Not reported				2	2
Total	24	34	30	65	153

#### Availability of Backup Generator - Divisional Hospitals

Table 6 Availability of Backup Generator - Divisional Hospitals

RDHS area	Available	Not Available	Not Reported	
Kandy	42	5		47
Matale	15	1	1	17
Nuwara Eliya	22	1	1	24
Total	79	7	2	88

#### **Current Condition of Backup Generators - Divisional Hospitals**

Table 7 Availability of Backup Generator - Divisional Hospitals

RDHS area	Working	Not Working	Capacity not adequate	Other *	Total
Kandy	23	4		15	42
Matale	12	2	2		16
Nuwara Eliya	16	3	4		23
Total	51	9	6	15	81

\*' Not installed

It appears that all PMCII (except those not reported) are connected to the main electricity line, ensuring a reliable power supply. However, there are some divisional hospitals that do not have backup generators, which may pose a potential risk during power outages or emergencies. Out of the available generators in 79 hospitals, 9 are not in working condition.

Immediate attention should be paid to the fact that 6 generators do not have the sufficient capacity and 15 other generators not installed yet while attending to improve the functionality of 9 generators that does not work in good condition.

#### Availability of waste disposal methods and Clinical waste management

<b>RDHS</b> Area	Segregation Done	Not Done	Not Reported	Total
Kandy	73		2	75
Matale	29	3		32
Nuwara Eliya	27	19		46
Total	129	22	2	153

#### Table 9 Methods of Handling Clinical Waste

RDHS area	Burning	Incinerating	sending to a hospital an incinerator available	Sending to Local Government	Not Reported	
Kandy	11		64			75
Matale	3	3	4	20	2	32
Nuwara Eliya	40	2	2	1	1	46
Total	54	5	70	21	3	153

Based on the provided information, it is evident that waste segregation methods are being followed in 129 PMCIs, while 22 PMCIs do not adhere to such practices. The majority of PMCIs (70) are sending their clinical waste to nearby hospitals for incineration, whereas 21 hospitals are sending their clinical waste to the local authority.

#### Physical space and Infrastructure at Primary Care Institutions

Physical infrastructure of Primary Healthcare Institutions (PMCIs), including outpatient departments (OPDs) and clinics, should possess a specific physical space in accordance with spatial norms outlined in the circular 01-29/2018 dated 29.06.2018 issued by the Ministry of Health (MoH) to effectively deliver primary healthcare services. There are some common requirements for PMCII: waiting areas, Space for dispensary, drug stores, Laboratory, Rest rooms for staff, space for toilets etc. Based on the findings compared to the specific requirements for PMCII, provincial health authorities should analyze the space requirements considering the given circular, particularly focusing on waiting area, Space for laboratory, Dispensary, drug stores and any other places according to priorities. Out of the total of 153 PMCII, 125 have adequate waiting areas for the public, while 24 hospitals do not meet the space requirements as specified in the circular. Additionally, there are four PMCUs that do not have waiting area facilities at all. Accordingly, the following tables show the status of different service areas: availability/non availability, adequacy of space in PMCII.

RDHS area	Adequate	Not adequate	Not Available	Total
Kandy	69	6		75
Matale	25	7		32
Nuwara Eliya	31	11	4	46
Total	125	24	4	153

Table 10 Availability of waiting area the Patient

#### Table 11 Space for dispensary

RDHS area	Adequate	Not adequate	Not Available	Total
Kandy	75			75
Matale	26	4	2	32
Nuwara Eliya	41	5		46
Total	142	9	2	153

Table 12 Space drug store

RDHS area	Adequate	Not adequate	Not Available	Total
Kandy	72	3		75
Matale	25	6	1	32
Nuwara Eliya	42	4		46
Total	139	13	1	153

#### Space for Restroom for Medical Officer

Table 13 Space for Restroom for Medical Officer

<b>RDHS Area</b>	Adequate	Not adequate	Not Available	Not Reported	Total
Kandy	42	5	28		75
Matale	14	3	12	3	32
Nuwara Eliya	16		30		46
Total	72	8	70	3	153

# **Restroom for Nursing Officers** Table 14 Restroom for Nursing Officers

<b>RDHS</b> area	Adequate	Not adequate	Not Available	Not Reported	Total
Kandy	29	9	37		75
Matale	11	4	14	3	32
Nuwara Eliya	12		30	4	46
Total	52	13	81	7	153

# **Restroom for Other Staff**

Table 15 Restroom for Other Staff

<b>RDHS</b> area	Adequate	Not adequate	Not Available	Not Reported	Total
Kandy	55	11	9		75
Matale	13	5	11	3	32
Nuwara Eliya	26	1	17	2	46
Total	94	17	37	5	153

# Toilet facilities for patients

Table 16 Toilet facilities for patients

<b>RDHS</b> area	Adequate	Not adequate	Not Available	Not Reported	Total
Kandy	65	8	2		75
Matale	21	3	6	2	32
Nuwara Eliya	25		23		46
Total	111	11	29	2	153

# Space for a meeting Room

Table 17 Space for a meeting Room

<b>RDHS</b> area	Adequate	Not adequate	Not Available	Not Reported	Total
Kandy	26	1	48		75
Matale	10	1	18	3	32
Nuwara Eliya	15	1	30		46
Total	51	3	998	3	153

#### **Space for Pantry Area**

Table 18 Space Pantry Area

<b>RDHS</b> area	Adequate	Not adequate	Not Available	Not Reported	Total
Kandy	9		66		75
Matale	8		22	2	32
Nuwara Eliya	38	1	17		46
Total	45	1	105	2	153

#### Services for curative and preventive care

To enhance delivery of curative and preventive care in Primary Health Care Institutes (PMCIs) where facilities are insufficient or nonexistent, it is essential to improve the required facilities and spaces. This will ensure that the PMCIs in the district can effectively meet the healthcare needs of the community. The table of availability of ETU room/ Space for emergency care indicates that out of the 153 PMCIs assessed, 89 of them have adequate space for emergency care. However, there are 14 PMCIs do not have sufficient space, while 48 PMCIs do not have a designated space for delivering emergency care. In this context, provincial health authorities should take immediate necessary actions to establish a space for ETUs, even at the smallest centers, "PMCU".

#### **Dental Room Facilities**

Table 19 Dental Room Facilities

<b>RDHS</b> area	Adequate	Not adequate	Not Available	Not Reported	Total
Kandy	35		40		75
Matale	9	4	16	3	32
Nuwara Eliya	25		21		46
Total	69	4	77	3	153

#### ETU room/ Space for emergency care

Table 20 ETU room/ Space for emergency care

RDHS area	Adequate	Not adequate	Not Available	Not Reported	
Kandy	41	5	29		75
Matale	16	7	7	2	32
Nuwara Eliya	32	2	12		46
Total	89	14	48	2	153

#### Dressing room/ space for wound care

Table 21 Dressing room/ space for wound care

<b>RDHS</b> area	Adequate	Not adequate	Not Available	Not Reported	Total
Kandy	58	2	15		75
Matale	20	8	3	1	32
Nuwara Eliya	34	1	11		46
Total	112	11	29	1	153

# **Injection room facilities** Table 22 Injection room facilities

<b>RDHS</b> area	Adequate	Not adequate	Not Available	Not Reported	Total
Kandy	32	3	40		75
Matale	11	3	15	3	32
Nuwara Eliya	25	1	20		46
Total	68	7	75	3	153

#### **Clinic Rooms**

Table 23 Clinic Rooms

<b>RDHS</b> area	Adequate	Not adequate	Not Available	Not Reported	Total
Kandy	61	4	10		75
Matale	18	2	10	2	32
Nuwara Eliya	33		13		46
Total	112	6	33	2	153

# **Office Space for PHMs**

Table 24 Office Space for PHMs

RDHS area	Adequate	Not Available	Not Reported	Total
Kandy	24	51		75
Matale	11	18	3	32
Nuwara Eliya	15	31		46
Total	50	100	3	153

# Space for breastfeeding

Table 25 Space for breastfeeding

RDHS area	Adequate	Not Available	Not Reported	Total
Kandy	5	69	1	75
Matale	1	24	7	32
Nuwara Eliya	6	40		46
Total	12	133	8	153

#### Availability of Staff Quarters and Current Status

Staff quarters play a crucial role in ensuring the uninterrupted healthcare services, particularly in remote areas. It is essential to have designated quarters for Medical Officers (MOOs) and Nursing Officers (NOOs) to enable them to provide uninterrupted services. However, the following tables indicate existence of underutilized quarters. Specifically, 18 quarters are underutilized by MOOs, 1 by NOOs, and an additional 9 quarters by other staff categories. Moreover, there is a shortage of quarters availability for MOOs (26), NOOs (103), and other staff (63).

These findings highlight the need for provincial authorities to analyze the situation and prioritize the provision of appropriate facilities based on requirements. It is important to assess the specific needs of MOOs, NOOs, and other staff members and allocate quarters accordingly. By addressing these issues, provincial authorities can ensure that healthcare professionals have suitable accommodation to ensure their continuous service delivery in remote areas.

#### **Quarters for MOO**

Table 26 Quarters for MOO

RDHS area	fully Utilized	<b>Under-Utilized</b>	Not Available	Not Reported	Total
Kandy	49	13	13		75
Matale	18	3	9	2	32
Nuwara Eliya	40	2	4		46
Total	107	18	26	2	153

#### **Quarters for NOO**

Table 27 Quarters for NOO

RDHS area	fully Utilized	Under- Utilized	Not Available	Not Reported	Total
Kandy	8		60	7	75
Matale	9	1	17	5	32
Nuwara Eliya	14		26	6	46
Total	31	1	103	18	153

# Any Other Quarters

Table 28 Any Other Quarters

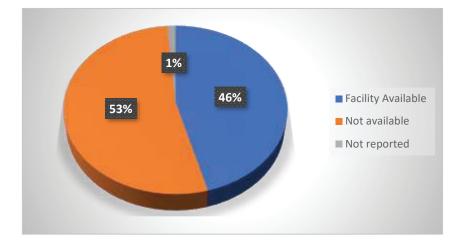
<b>RDHS</b> area	fully Utilized	<b>Under-Utilized</b>	Not Available	Not Reported	Total
Kandy	29	4	33	9	75
Matale	10		12	10	32
Nuwara Eliya	19	5	18	4	46
Total	58	9	63	23	153

#### Services readiness at the PMCIs

Cervical Cancer Screening (PAP smear testing)

Table 29 Cervical Cancer Screening (PAP testing)

RDHS area	Facility Available	Not available	Not reported	Total
Kandy	36	38	1	75
Matale	7	24	1	32
Nuwara Eliya	27	19		46
Total	70	81	2	153



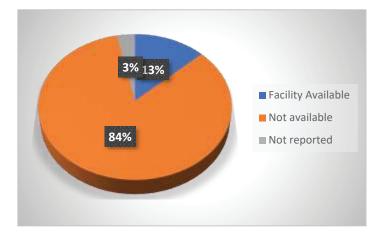
Based on the provided information, the pie chart illustrates the distribution of PMCIs with the service availability for Pap tests. Out of a total of 153 PMCIs, 46% have reported having the availability of the service for PAP tests, while 53% of PMCIs do not have such facilities.

These findings highlight the significant gap in the readiness for PAP tests within the PMCU if the Medical Officer of health needs to conduct well women clinic in the PMCU for cervical cancer screening.

#### Facilities for sputum collection for TB screening

Table 30 Facilities for sputum collection for TB screening

RDHS area	Facility Available	Not available	Not reported	Total
Kandy	12	59	4	75
Matale	4	28		32
Nuwara Eliya	4	41	1	46
Total	20	128	5	153



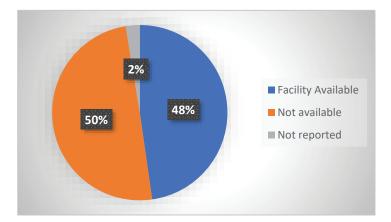
As per the above information, a significant majority of PMCIs, specifically 84%, do not have the necessary facilities to collect sputum for TB screening. This indicates a substantial gap in infrastructure and resources, which can hinder the effective screening and diagnosis of tuberculosis (TB) cases.

On the other hand, a smaller percentage of PMCIs, accounting for 13%, do have the required facilities for sputum collection for TB screening. However, as sputum collection centers cannot be established in each PMCIs the staff is encouraged to identify those who need to be investigated for TB are compulsorily referred to those hospitals with facilities.

#### Facilities to deliver primary oral health care package

 Table 31 Facilities to deliver primary oral health care package
 Image: Comparison of the second second

RDHS area	Facility Available	Not available	Not reported	Total
Kandy	34	40	1	75
Matale	11	19	2	32
Nuwara Eliya	28	17	1	46
Total	73	76	4	153



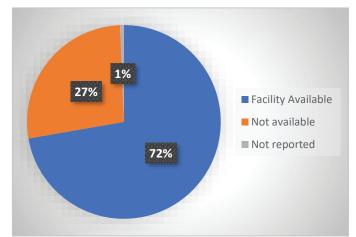
The table above shows that 48% of PMCIs have the necessary facilities to deliver primary oral health care packages. This indicates that almost half of the PMCIs surveyed are equipped with technology and Human Resource to provide essential oral health services to patients.

However, it is noteworthy to mention that 50% of PMCIs do not have the required facilities to deliver primary oral health care at present. It appears as a significant gap in delivery of primary care so that authorities are encouraged to pay the attention as oral health care is an essential commodity in any population.

#### Facilities to manage the basic emergency

Table 32 Facilities to manage the basic emergency

<b>RDHS</b> area	Facility Available	Not available	Not reported	Total
Kandy	47	28		75
Matale	19	12	1	32
Nuwara Eliya	44	2		46
Total	110	42	1	153



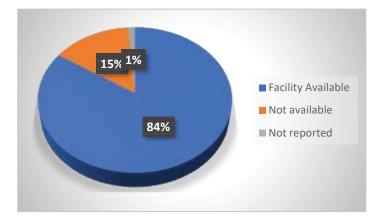
Based on the provided information, it is commendable to note that 72% of PMCIs in the province are equipped to provide basic emergency care services to the public. This indicates a significant achievement in ensuring that a majority of PMCIs have the necessary facilities and resources to handle emergency situations effectively.

However, 27% of PMCIs still do not have the required facilities to fulfill the basic emergency care needs. Maximum efforts should be made to address this gap and ensure that all PMCIs in the province are prepared to handle emergency situations promptly and efficiently.

#### Counseling service through the hospital

Table 33 Counseling service through the hospital

<b>RDHS</b> area	Facility Available	Not available	Not reported	Total
Kandy	75			75
Matale	20	10	2	32
Nuwara Eliya	34	12		46
Total	129	22	2	153



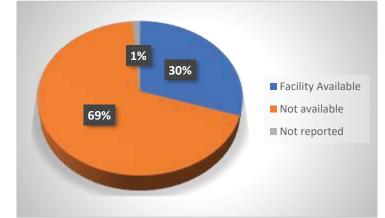
As per the table above, it is commendable to note that 84% of PMCIs in the province provide counseling services to the public. This indicates a significant achievement in ensuring that a majority of PMCIs have the necessary facilities and resources to handle counseling activities effectively.

However, it is also important to note that 15% of PMCIs still do not have the such facilities to ensure better mental healthcare for people.

#### Providing Mental Health activities or conducting clinics

Table 34 Providing Mental Health activities or conducting clinics

RDHS area	Facility Available	Not available	Not reported	Total
Kandy	25	50		75
Matale	5	26	1	32
Nuwara Eliya	16	29	1	46
Total	46	105	2	153



Mental healthcare activities play a significant role in providing essential primary care services to individuals in need. However, above information indicates that, it is of great concern that 69% of the PMCIs surveyed do not have a dedicated mental healthcare clinics service. This indicates a significant gap in the availability of mental health services within the PMCIs.

On a positive note, 30% of the PMCIs have the necessary facilities to provide mental healthcare services

#### Minimum preparedness for managing communicable diseases in epidemic nature

It is essential that Primary Health Care Centers (PMCIs) should have the designated separate areas to effectively manage suspected patients with Covid-19 infection or other similar outbreaks. These dedicated spaces are required from entry point of the hospital, to isolate the patients at risk and provide treatment by minimizing the transmissibility of the disease to non-infected people. Furthermore, PMCIs should establish an area to display common signs and symptoms of the disease, separate triage areas to efficiently assess the health conditions of patients.

It is important for PMCIs to display the major symptoms associated with communicable diseases or outbreaks. These displays raise awareness among patients and visitors, allowing them to recognize possible exposure so that they will take an alternative path without being mixed with others.

Specifically focusing on divisional hospitals, an analysis was conducted, which revealed the following findings: out of the 88 divisional hospitals (DHs), 20 DHs have designated separate areas available, 17 DHs have established triage areas, and 41 DHs display major symptoms at the entrance of their Outpatient Departments (OPDs). It is essential that all PMCII should improve their preparedness for managing out breaks before the next epidemic comes to country.

By incorporating these measures into PMCIs, healthcare facilities demonstrate their readiness to effectively manage and respond to communicable diseases or outbreaks, ensuring the safety of patients, visitors, and healthcare staff.

#### Separate areas to manage suspected patients of Covid-19 infection or any other epidemic

RDHS area	Available	Not Available	Not Reported	Total
Kandy	11	36		47
Matale	4	10	3	17
Nuwara Eliya	5	19		24
Total	20	65	3	88

Table 35 Separate areas to manage suspected patients of Covid-19 infection or any other epidemic

#### Separate triage area Sign posted at the entrance of all hospitals

Table 36 Separate triage area Sign posted at the entrance of all hospitals

<b>RDHS</b> area	Available	Not Available	Not Reported	Total
Kandy	12	35		47
Matale	4	10	3	17
Nuwara Eliya	1	23		24
Total	17	68	3	88

#### Major symptoms/ risk factors should be displayed at the entrance All OPDs

Table 37 Major symptoms/ risk factors should be displayed at the entrance All OPDs

RDHS area	Available	Not Available	Not Reported	Total
Kandy	16	31		47
Matale	12	2	3	17
Nuwara Eliya	13	11		24
Total	41	44	3	88

#### Medical equipment and other necessities for NCD screening and diagnosis

The survey focused on identifying the availability and adequacy of essential medical equipment for NCD screening and diagnosis in PMCIs. The results of the survey indicate that there are deficiencies and unavailability of certain items in some PMCIs. In order to ensure uninterrupted PHC (Primary Healthcare) services, it is inevitable for provincial authorities to take action and provide the required items to the PMCIs priority basis.

					Matale			Nuwara Eliya		
No	List of medical equipment	AD	NAD	NA	AD	NA D	NA	A D	NAD	NA
1	BPA	74	1		32			48		
2	Microscope	11		64	8	2	18	7		41
3	Thermometer	63	12		23	8		46	2	
4	Nebulizer	59	5	11	24	6	2	47	1	
5	ECG machine	32	16	27	25	1	3	39		9
6	Oxygen supply cylinders	50	2	23	23	1	5	36		12
7	Ophthalmoscope	46		29	20	1	5	41		7
8	Measurement tape & stadiometer	72		3	27	1	1	48		
9	Weighing machine	75			26	1	3	48		
10	Pulse oximeter	46	1	28	25	1	3	29	1	18
11	Glucometer and strips	69	1	4	27	4		47	1	
12	Cholesterol meter and strips	50		25	16	2	12	48		
13	Urine ketone tests	3	2	70	1		22	2		46
14	Spaces for inhalers	50		25	13		14	29	2	16
15	Tuning folk	43		32	16		13	32		16
16	Snellen chart	38	1	36	20	1	9	42		6
17	Torch	61	10	4	25	5	1	48		
18	WHO/ISH prediction chart	38		36	22		6	48		

Availability of essential medical equipment in PMCUII Table 38 Equipment and other essential items used for NCD screening and Diagnosis

19	Evidence based clinical protocols	39		35	13		17	47		1
20	Flow charts with referral criteria	39		35	3		21	48		
21	Patient clinical records	71		3	28	1	1	46	1	
22	Medical information register	73		1	22		2	47		1
23	Stethoscope	60	13	2	24	2	4	44	3	1
24	Weight scale with or without hight	75			29		1	47		1
25	Hight measuring rode for children	61		14	27		2	42		6
26	Weighing scale for infants	70		5	18		11	28	1	19
27	length board for infants and young	62		13	15		14	27		21
28	examination bed	74			25		4	48		
29	tongue depressor	62		12	23	1	4	42		6
30	Tender hammer (Knee hammer)	48		27	20	1	6	37		11

AD: Adequate/ NAD: Not Adequate/ NA: Not available

#### Human Resource Needs

The primary healthcare policy specifies that every PMCI should have a minimum of two Doctors and one Nursing Officer to ensure the delivery and maintenance of quality PHC services for all citizens. In addition to Medical Officers (MOs) and Nursing Officers (NOs), other essential categories of staff such as MLT, Dispenser. Pharmacist, PHNO, Development Officer etc. are required based on the capacity of the hospitals. This survey aimed to assess the availability inposition of graduate MOO and NOO in PMCIs and examine the current staffing situation.

# Availability of Medical Officers in position (Both MOO and RMO):

Within the Central Province, specifically in the Nuwara Eliya region, it has been identified that there are one hospital that do not have any permanent MO, whether graduate MOs or RMOs. These hospitals rely on relief doctors managed by regional authorities.

Furthermore, among the surveyed PMCIs, 51 out of 153 still do not meet the minimum requirement of having at least two Medical Officers. It is imperative to note that this shortage should be addressed by increasing the number of MOs in these PMCIs.

# Availability of Nursing Officers in position:

Nursing Officers play a vital role in strengthening PHC services and ensuring the provision of proper care to patients in the PMCI as well as domestically for those who cannot come, including tasks such as vaccination, blood drawing, and ETU care.

However, a significant concern arises within the Central Province, where 72 PMCIs do not have a single Nursing Officer in position. This issue demands immediate attention from the respective authorities to rectify the staffing gap.

In the following tables the availability of position indicate as follows;

- A- Not available single officer
- B- Available One
- C- Available two
- D- Available Three or more

# Availability of Graduate Medical Officers

Table 39 Availability of Graduate Medical Officers

		Graduate Medical Officers								
RDHS area	A(MO=0)	B(MO=1)	C(MO=2)	D(MO>3)	Total					
Kandy	16	18	21	20	75					
Matale	1	12	9	10	32					
Nuwara Eliya	2	21	15	8	46					
Total	19	51	45	38	153					

#### Availability of RMO/AMO

Table 40 Availability of RMO/AMO

	Registere							
RDHS area	A(MO=0)	B(MO=1)	C(MO=2)	D(MO>3)	Total			
Kandy	28	35	10	2	75			
Matale	23	7	2		32			
Nuwara Eliya	39	6	1		46			
Total	90	90 48 13 2						

# Availability of all medical Officers (Graduate MO and RMO)

Table 41 Availability of all medical Officers (Graduate MO and RMO)

RDHS area	A(MO=0)	B(MO=1)	C(MO=2)	D(MO>3)	Total
Kandy		22	21	32	75
Matale		10	10	12	32
Nuwara Eliya	1	19	17	9	46
Total	1	51	48	53	153

#### **Availability of Nursing Staff**

Table 42 Availability of Nursing Staff

DDUG					
RDHS area	A(NOO=0)	B (NOO =1)	C (NOO =2)	D(NOO >3)	Total
Kandy	34	1	3	37	75
Matale	14	2	4	12	32
Nuwara Eliya	24	3	2	17	46
Total	72	6	9	66	153

#### **Others Essential Categories for Primary Healthcare Services**

In addition to the Medical Officers (MOs) and Nursing Officers (NOs), several other categories such as Dental surgeons, MLT, Dispenser, Pharmacist, Development Officer and SKS etc are required to ensure effective and comprehensive Primary Healthcare (PHC) services. Respective authorities should take necessary actions to mobilize these cadres and address the issue of above categories depending on the specific needs, services, and resources of each Primary Healthcare Center (PMCI) by carefully assessing the requirements of each PHC center. It is essential for the authorities to consider factors such as health needs of the empaneled population, geographical distribution, service demands, and available resources when determining the appropriate cadre and staffing for PMCIs. Regular assessments, monitoring, and evaluation should be conducted to identify emerging needs and ensure that the workforce is adequately enforced to deliver high-quality PHC services.

#### Availability of Ward Sister

Table 43 Availability of Ward Sister

	Ward sister			
RDHS area	Α	В	С	Total
Kandy	63	11	1	75
Matale	27	4	1	32
Nuwara Eliya	44	2		46
Total	134	17	2	153

### Availability of Dental surgeon

Table 44 Availability of Dental surgeon

	D			
RDHS area	Α	В	С	Total
Kandy	48	24	3	75
Matale	21	10	1	32
Nuwara Eliya	27	19		46
Total	96	53	4	153

# Availability of Medical Laboratory Technologists (MLT)

Table 45 Availability of Medical Laboratory Technologists (MLT)

RDHS area	Α	В	Total
Kandy	66	9	75
Matale	26	6	32
Nuwara Eliya	44	2	46
Total	136	17	153

# Availability of PHNO

Table 46 Availability of PHNO

	PHNO		
RDHS area	Α	В	Total
Kandy	64	11	75
Matale	28	4	32
Nuwara Eliya	44	2	46
Total	136	17	153

#### **Availability of Pharmacist**

Table 47 Availability of Pharmacist

	Pharma		
RDHS area	Α	В	Total
Kandy	65	10	75
Matale	27	5	32
Nuwara Eliya	44	2	46
Total	136	17	153

#### Availability of Dispenser

Table 48 Availability of Dispenser

	<u>Dispenser</u>				
RDHS area	Α	В	С	D	Total
Kandy	11	57	7		75
Matale	4	19	6	3	32
Nuwara Eliya	8	37	1		46
Total	23	113	14	3	153

# Availability of Development Officer

Table 49 Availability of Development Officer

	Development Officers				
RDHS area	Α	В	С	D	Total
Kandy	26	41	6	2	75
Matale	14	16	2		32
Nuwara Eliya	36	10			46
Total	76	67	8	2	153

#### Availability of Management Assistant

Table 50 Availability of Management Assistant

	Manag			
RDHS area	Α	В	С	Total
Kandy	60	14	1	75
Matale	25	7		32
Nuwara Eliya	33	13		46
Total	118	34	1	153

#### Patient record system and referral mechanism

Under the Ministry of Health (MoH), there are two systems involved in recording patient clinical information: Health Information Management Systems (HIMS) and Hospital Health Information Management Systems (HHIMS).

HIMS primarily operates at Healthy Life Style centers within the Primary Health Care Centers (PMCIs). These centers serve as the primary care point for patients, offering essential healthcare services. HIMS enables the PMCIs to effectively manage and maintain patient clinical information, including medical histories, risk assessment and stratification based on WHO risk chart. It is proposed to design to cater to the specific needs and workflows of primary healthcare settings. On the other hand, HHIMS is primarily utilized in tertiary/secondary care hospitals, and it is being extended to divisional hospitals too. HIMS being a cloud based system officials involved in health planning can access to summary data while HHIMS being functional within institutions access to data at national level is impossible.

Received information indicates that out of the total 83 PMCII utilize HIMS system, while the remaining PMCIs have not yet implemented HIMS

RDHS area	HIMS	Any Other	Not Reported	Total
Kandy	40	2	33	75
Matale	20	5	7	32
Nuwara Eliya	23	11	12	46
Total	83	18	52	153

#### Currently available digital patient record system

Table 51 Currently available digital patient record system

#### **Internet connectivity**

When evaluating the internet facilities in PMCIs, it is of concern that 38 hospitals out of the total have no internet connectivity. This indicates a significant gap in the connectivity leading to inaccessibility to essential online system at those specific PMCIs. It is essential to address this issue and ensure that all PMCIs have a reliable internet connectivity to establish cloud based HIMS

Table 52 Internet connectivity

RDHS area	Yes	No	Not Reported	Total
Kandy	47	28		75
Matale	23	8	1	32
Nuwara Eliya	43	2	1	46
Total	113	38	2	153

According to the study, it was found that some PMCIs have multiple types of internet connectivity, such as wired and Wi-Fi connections. In order to ensure efficient and effective usage of internet connectivity in PMCIs, it is recommended that MoH and provincial health authorities study the feasibility of providing a unified connectivity solution. For example, the bellow information depicts those 33 hospitals having both kind of connectivity of wired and Wi-Fi.

#### Nature of the connectivity

Table 53 Nature of the connectivity

RDHS area	Fiber	Wired	Wi Fi router	Dongle	Weird & wifi	Not Reported	Total
Kandy	11	14	2		22	26	75
Matale	10	2	8	2	5	5	32
Nuwara Eliya	5	4	30	1	6		46
Total	26	20	40	3	33	31	153

# **Laboratory Investigation Facilities**

Laboratory facilities in primary healthcare settings are indeed crucial for NCD management and ensuring quality patient care. While it may not be feasible to establish fully-fledged laboratories in every Primary Health Care Center (PMCIs) due to resource constraints, alternative approaches can be adopted to address this issue. One approach is the establishment of a laboratory network, where certain PMCIs are designated as sample collection centers. These centers can collect samples from patients and sent them to centralized laboratories or nearby hospital with a laboratory for necessary investigations. In the Central province, several concerns have been identified regarding laboratory facilities. Here is a summary of the highlighted concerns:

Availability of Medical Laboratory Technicians (MLT):

- There are 16 hospitals in the province that have laboratory facilities with MLT staff.
- One divisional hospital type B, has relief MLT staff to support laboratory operations.

Unavailability of MLT in some hospitals:

• There are three (3) hospitals where the laboratories are not functional due to the unavailability of MLT staff indicating a challenge in recruitment.

Lack of laboratory facilities in some hospitals:

• There are nine DHA and 25 DH B without laboratory facilities.

• This suggests that patients seeking laboratory services in these areas may need to rely on alternative hospitals or healthcare facilities.

Sample sending from PMCIs to nearby hospitals:

• Six PMCIs in the Central province send their samples to nearby hospitals for laboratory testing.

Table 54 Availability of Laboratory facilities

		Α		B	(	2	D			E			Not	Total			
RDHS area	DHA	DHB	PMCU	DHA	DHA	DHB	DHA	DHB	DHC	PMCU		DH C	PMCU		DH C	PMCU	
Kandy	7			1			7	19	8	25	2	1		1	1	3	75
Matale	5	2			1		1	2	5	12		1	1			2	32
Nuwara Eliya	1	1				2	1	4	14	22	1						46
Total	13	3		1	1	2	9	25	27	59	3	2	1	1	1	5	153

A - A functioning laboratory with MLT is available

B- Laboratory available, but functions with relief MLT

C- Laboratory available, but not functioning due to the unavailability of MLT

D- No Laboratory

E- Sending samples to nearby lab

#### Providing laboratory services to nearby hospitals

In the Central province, out of the 16 hospitals with available laboratory facilities, it is noteworthy that they are providing laboratory services to 12 nearby hospitals within the lab network. This indicates a collaborative approach to ensure access to laboratory testing.

Table 55 Laboratory service providing

RDHS area	DHA	DHB	PMCU	Total
Kandy	4			4
Matale	3	2		5
Nuwara Eliya	1	1	1	3
Total	8	3	1	12

#### **Alternative Approaches for laboratory Services**

In the PSSP project, one of the minimum requirements is the capability to conduct lab tests for glucose and cholesterol. It is essential that all Primary Health Care Centers (PMCIs) have a feasible methodology to provide laboratory services to the people. In cases where a PMCI does not have its own laboratory, alternative approaches should be implemented to ensure the availability of investigative facilities.

By this survey identified some potential methodologies which are being used by PMCIs:

Usage of strips: PMCIs utilize strips or test kits for glucose and cholesterol testing. These strips provide a quick and convenient method for obtaining test results for screening purpose, requiring minimal technology and training.

Sending samples to nearby hospitals or central laboratories: In situations where PMCIs are lacking in their own laboratory, samples can be sent to nearby hospitals or central laboratories for testing. This approach ensures that patients can still access to necessary diagnostic investigations within the network.

Point-of-care machines: Implementing point-of-care machines in PMCIs facilitate for on-site testing for many variables. These portable devices provide rapid results, enabling immediate diagnosis and treatment decisions. This could be mostly recommended for PMCIs situated in remote areas where sample sending is difficult.

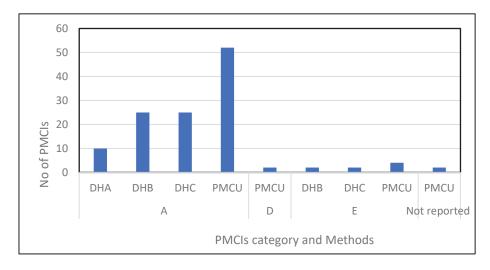
It is crucial to establish at least one of these methodologies in PMCIs to fulfill the minimum requirement set by the PSSP. Failure to do so may result in people seeking private laboratory services, which can be costly and less accessible.

By ensuring access to glucose and cholesterol lab tests through alternative approaches, PMCIs can effectively meet the diagnostic needs of their patients. Managing the minimum required tests in PMCIs that do not have their own laboratory involves adopting alternative approaches. According to the survey results, the majority of PMCIs (112 out of 124) utilize the strips method for conducting these tests including 10 DHA, 25 DHB, 25 DHC and 52 PMCU. In fact, The survey findings indicate that two PMCIs send their samples to a central laboratory for testing. However, it is concerning that eight PMCIs reported not using any alternative methods other than referring patients to private laboratories for their required tests. This dependence on private laboratories may result in increased out of pocket costs for patients and potential disparities in access to essential diagnostic services. To improve the situation, it is recommended that efforts be made to expand the utilization of alternative methods in PMCIs without their own laboratories. This can include implementing the strips method, establishing connections with nearby hospitals or central laboratories for sample testing, or introducing point-of-care machines for on-site testing.

#### Alternative laboratory methods

<b>RDHS</b> area	Α			D	E			Not reported		
	DHA	DHB	DHC	PMCU	PMCU	DHB	DHC	PMCU	PMCU	Total
Kandy	7	19	8	19	2			4		59
Matale	2	1	3	10		1	2		2	21
Nuwara Eliya	1	5	14	23		1				44
Total	10	25	25	52	2	2	2	4	2	124

Table 56 Usage of alternative methods for blood glucose



- A: By glucose meters / Cholesterol meter
- B: Point of care
- C: By sending sample to laboratory in nearby hospitals
- D: By Sending samples to Central Laboratory
- E: By patent through private laboratory

Cholesterol

Table 57 Usage of alternative methods for cholesterol

RDHS	Α				D	E			Not res	Total	
area	DHA	DHB	DHC	PMCU	PMCU	DHB	DHC	PMCU	DHC	PMCU	
Kandy	7	19	6	5	2		2	18			59
Matale	2	1	1	8		1	3	2	1	2	21
Nuwara Eliya	1	5	14	23		1					44
Grand Total	10	25	21	36	2	2	5	20	1	2	124

#### Creatinine

Table 58 Usage of alternative methods for creatinine

RDHS	C	D		Ε				Not res	Total		
area	PMCU	DHA	PMCU	DHA	DHB	DHC	PMCU	DHA	DHC	PMCU	
Kandy			2	6	19	8	23	1			59
Matale	1	1			2	4	7	1	1	4	21
Nuwara Eliya				1	6	12	20		2	3	44
Grand Total	1	1	2	7	27	24	50	2	3	7	124

# **Drug Supplies**

The drug supply chain is of utmost importance in primary health care settings to ensure uninterrupted access to essential medications and provide better services to all citizens. In the context of the PSSP, one of the main capabilities is to ensure that PMCIs maintain an adequate supply of essential drugs with no outages for a period of five-days at any given time.

Proper drug storage plays a crucial role in maintaining the quality and efficacy of medications. Therefore, it is essential for each and every PMCI to have appropriate facilities such as airconditioning systems and refrigerators. These facilities help to regulate temperature and humidity, ensuring that drugs are stored under optimal conditions. It is the responsibility of provincial health authorities and the PSSP project to prioritize the provision of appropriate infrastructure and equipment, including air-conditioning systems and refrigerators, in PMCIs.

#### Drugs Ordering and estimating annual drug requirement

In the survey conducted, it was found that the majority of PMCIs follow a self-assessment approach for drug ordering and estimating the annual drug requirement. Specifically, out of the 153 PMCIs surveyed, 148 PMCIs reported preparing their annual estimate independently. Additionally, these PMCIs assessed their annual drug requirement by increasing a certain percentage from the previous year's estimates. By adopting self-assessment approaches to drug ordering and estimating annual drug requirements, PMCIs can enhance their ability to provide essential medications to patients without interruptions. Continuous evaluation and improvement of these practices will contribute to efficient drug management and ultimately improve the quality of care delivered in primary health care settings.

#### **Drugs Ordering**

Table 59 Drugs Ordering	
-------------------------	--

	Annual estimates are prepared by yourself	Not Reported	Total
Kandy	75		75
Matale	27	5	32
Nuwara Eliya	46		46
Total	148	5	153

#### Estimate annual drug requirements

Table 60 Estimate annual drug requirements

RDHS area	Increase by a certain percentage from last year's estimates	Not Reported	Total
Kandy	75		75
Matale	27	5	32
Nuwara Eliya	46		46
Total	148	5	153

The survey aimed to investigate the frequency of shortfalls in essential drugs and the practice of prescribing medications and requesting patients to purchase them from outside sources. The results indicate the following trends among the surveyed PMCIs (153 in total)

#### **Frequency of Drug Shortages:**

52% of PMCIs reported rare occurrences of drug shortfalls during the survey period. This suggests that a majority of PMCIs were able to maintain a steady supply of essential drugs without significant interruptions.

26% of PMCIs experienced frequent occurrences of drug shortages. This indicates a notable proportion of PMCIs faced challenges in maintaining an adequate drug supply, which can impact patient care and healthcare delivery.

19% of PMCIs reported occasional shortfalls in drug availability. While not as frequent as the aforementioned category, this still highlights instances where patients may experience transient difficulties in accessing to necessary medications.

#### **External Prescription Practices:**

51% of PMCIs managed to provide medications within their own system, indicating that a significant proportion of PMCIs were able to meet the medication needs of patients from their own drug supply.

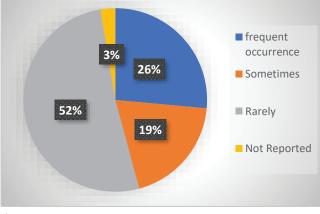
16% of PMCIs frequently asked patients to buy drugs from outside sources. This suggests that a notable percentage of PMCIs relied on patient's purchasing power on medications externally, which may have attributed to causes of not maintaining a steady drug supply.

19% of PMCIs managed to address drug shortages to some extent, potentially through alternative means such as sourcing medications from other facilities or utilizing available resources within the system.

# Shortfall of essential medicines at the institution

Table 61 Shortfall of essential medicines at the institution

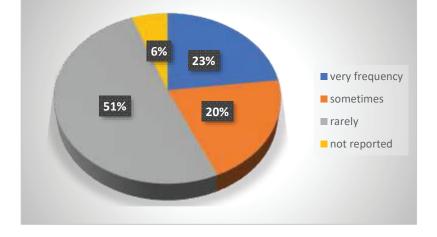
<b>RDHS</b> area	frequent occurrence	Sometimes	Rarely	Not Reported	Total
Kandy	1	3	71		75
Matale	13	11	4	4	32
Nuwara Eliya	26	15	5		46
Total	40	29	80	4	153



## Prescribe drugs & request patients to buy from outside

RDHS area	very frequency	sometimes	rarely	not reported	Total
Kandy	-	7	68		75
Matale	12	11	1	8	32
Nuwara Eliya	21	21	4		46
Total	33	29	73	8	153

Table 62 Prescribe drugs & request patients to buy from outside



#### **Drug Storage Facilities**

Proper drug storage is crucial for maintaining the quality and efficacy of medications in primary health care settings. The survey findings reveal that all PMCIs prioritize drug storage in optimum temperature conditions, primarily utilizing air-conditioning or refrigeration facilities.

Among the 153 PMCIs, the following trends were observed:

#### **Air-Conditioning Facilities:**

83 PMCIs (54%) have dedicated air-conditioned drug storage rooms. These facilities ensure that medications are stored at the recommended temperature to maintain their efficacy.

#### **Refrigeration Facilities:**

In cases where air-conditioning rooms are not available, 142 PMCIs (92%) use refrigerators as an alternative method to maintain the optimum temperature for drug storage.

Only 8 PMCIs (1%) reported not having any refrigeration facilities, suggesting a potential need for improvement in those specific facilities.

These findings indicate that the majority of PMCIs (142 out of 153) have implemented effective measures for drug storage, either through air-conditioned rooms or refrigerators. However, the two PMCIs without any refrigeration facilities should be considered immediately to ensure that all PMCIs adhere to proper drug storage practices.

Provincial health authorities should continue to prioritize the provision of appropriate storage facilities in PMCIs, including air-conditioned rooms or refrigerators, to safeguard the quality of

medications. Regular monitoring and maintenance of these storage systems are essential to ensure that drugs remain safe and effective for patient use.

By maintaining optimum temperature conditions for drug storage, PMCIs can contribute to the delivery of quality healthcare services, enhance patient safety, and ensure the efficacy of medications in primary health care settings.

#### Good storage facility with AC to store pharmaceuticals

Table 63 Good storage facility with AC to store pharmaceuticals

RDHS area	yes	no	not reported	Total
Kandy	38	36	1	75
Matale	23	4	5	32
Nuwara Eliya	22	24		46
Total	83	64	6	153

#### A refrigerator to store such required

Table 64 A refrigerator to store such required

RDHS area	yes	no	not reported	Total
Kandy	74	1		75
Matale	24	5	3	32
Nuwara Eliya	44	2		46
Total	142	8	3	153

#### Citizen engagement committee and Grievances redress

The establishment of Friends of facility Committees (FFCs) and their functions is one of the main disbursements linked indicators in the Primary Health Care Strengthening Project (PSSP). FFCs are expected to work in collaboration with the relevant PMCI and enhance services within the community surrounding hospitals, ultimately improving primary health care delivery. In line with this objective, the Ministry of Health (MoH) developed a comprehensive guideline, which has been approved by the MoH and adopted by all provincial health authorities. A survey was conducted to assess the awareness of the FFC guideline among all Primary Health Care Centers (PMCIs) and determine whether they have established FFCs in adherence to the guidelines. Additionally, the survey aimed to evaluate the functionalities of existing FFCs and the implementation of grievance management methods by PMCIs. Based on the information received, the following key findings are highlighted:

#### Awareness of FFC Guidelines:

Out of the total 153 PMCIs, 108 PMCIs have demonstrated awareness of the FFC guidelines. This indicates a considerable level of familiarity with the purpose and objectives of FFCs.

The remaining PMCIs should be made aware of the FFC guidelines to ensure consistent implementation across all primary health care settings.

#### **Establishment of FFCs in the Central Province:**

In the Central Province, 77 PMCIs have successfully established FFCs, indicating their commitment to community engagement and improved service delivery.

For the remaining PMCIs in the region, it is crucial to initiate the establishment of FFCs to promote community engagement and enhance primary health care services.

#### **Frequency of FFC Meetings:**

Among the PMCIs that have established FFCs, it is encouraging to note that most of them conduct quarterly meetings. These meetings serve as platforms for discussing the requirements and processes of primary health care services.

Regular meetings enable effective communication, coordination, and continuous improvement in the delivery of primary health care.

Overall, the findings suggest a positive trend in FFC awareness and implementation in primary health care settings. To maximize the benefits of FFCs, it is essential to ensure that all PMCIs are aware of the FFC guidelines and actively work towards establishing FFCs. Ongoing support and guidance should be provided to PMCIs, particularly those that have not yet established FFCs, to facilitate the implementation process. Regular FFC meetings should be encouraged to promote collaboration, addressing concerns, and enhance the quality of primary health care services in the respective regions.

## Awareness of Friend of Facility Committee "Suwaseva Mithuro"

Table 65 Awareness of Friend of Facility Committee "Suwaseva Mithuro"

RDHS area	yes	no	not reported	Total
Kandy	57	15	3	75
Matale	25	4	3	32
Nuwara Eliya	26	20		46
Total	108	39	6	153

#### Establishment of "Suwaseva Mithuro"

Table 66 Establishment of "Suwaseva Mithuro"

RDHS area	yes	no	not reported	Total
Kandy	37	31	7	75
Matale	18	10	4	32
Nuwara Eliya	22	24		46
Total	77	65	11	153

#### How frequently do they meet

Table 67 Establishment of "Suwaseva Mithuro"

<b>RDHS</b> area	Monthly	Quarterly	Annually	not reported	Total
Kandy	2	29	3	41	76
Matale	1	20		11	32
Nuwara Eliya	1	18	3	24	46
Total	4	67	6	77	153

#### **Implementation and Analysis of Grievance Redress Mechanism**

The Ministry of Health (MoH) has taken the initiative to establish a Grievance Redress Mechanism (GRM) to address public grievances and provide timely solutions within the health sector. The GRM aims to ensure that grievances raised by the public are effectively managed and resolved at appropriate levels, based on the nature of the grievance. The survey conducted on the implementation of the Grievance Redress Mechanism (GRM) in PMCIs has provided valuable insights into the current status of grievance management and suggests areas for improvement. The following key findings and recommendations have been identified:

#### **Grievance Box (Suggestion box)**

Out of 153 PMCIs surveyed, 61 PMCIs have established grievance boxes at their premises to collect public grievances.

However, there is a need to encourage and promote the establishment of grievance boxes in the remaining 85 PMCIs to ensure a standardized and accessible approach for receiving grievances.

#### **Regular Analysis of Grievances:**

Only 544 PMCIs reported conducting weekly analysis of grievances received through the grievance boxes.

It is recommended that all PMCIs adopt a regular analysis process to systematically review and address public grievances in a timely manner.

#### Awareness and Responsibility:

It is crucial for all management staff within PMCIs to be aware of the GRM and their role in addressing grievances.

Management should take proactive steps to analyze grievance trends and encourage corrective actions within their authority.

If corrective actions cannot be taken at the local level, management should escalate the grievances and seek guidance and intervention from higher authorities.

# Any grievance/ suggestion box kept at the institution

Table 68 Any grievance/ suggestion box kept at the institution

RDHS area	Yes	No	Not reported	Total
Kandy	27	47	1	75
Matale	13	15	4	32
Nuwara Eliya	21	24	1	46
Total	61	86	6	153

#### How frequently check the box

Table 69 How frequently check the box

RDHS area	weekly	monthly	not looking at it		Total
Kandy	27	1	1	46	75
Matale	13	2		17	32
Nuwara Eliya	14	2	6	24	46
Total	54	5	7	87	153

#### Corrective measures are undertaken in such situations.

Table 70 Corrective measures are undertaken in such situations.

RDHS area	Yes	No	Not Reported	Total
Kandy	12	2	61	75
Matale	9	5	18	32
Nuwara Eliya	6	24	16	46
Total	28	31	96	153

# Conclusion

The survey results have provided considerable amount of information with regard to the capability of PMCII in central province for delivery of primary health care services effectively and efficiently. All officers involved in decision making, managing resources, implementing day today activities, monitoring and supervising should be able to refer to the information provided and take appropriate actions to minimize the gaps indicated so that the people in central province will enjoy a satisfactory qualitative PHC service.

This survey might have missed some areas of concerns. Therefore, a similar exercise should be conducted regularly at least in every two years with an improved questionnaire to reveal any overlooked areas which has public concerns.

It will be noteworthy to compare these results with the information provided in the situation analysis report published in 2019 to make sure that some amount of gaps identified early, have been addressed. However, the due attention paid by provincial officers and their commitment will prove an excellent primary care service to population in central province.

# **Situation Analysis 2023** Primary Healthcare System Strengthening Project – PSSP

Section 1 of 4			
1. Name of Enumerator	:		
2. Designation	:		
3. Contact Number	•		
4. Email			
5. Data of visit	•		
Section 2 of 4			
Institution Details			
<ol> <li>Provincial Director of Heal</li> <li>Regional Director of Heal</li> <li>Name of the PMCI</li> <li>Category of the Hospital         <ul> <li>Divisional Hospital A</li> <li>Divisional Hospital B</li> <li>Divisional Hospital C</li> <li>PMCU</li> </ul> </li> </ol>		:	
Section 3 of 4 Services and Infrastruct			
3.1 Water supply services to Well water Tube well Pipe born water Other		Protected well	Unprotected well
3.2 Is safe drinking water av Yes	vailable in OPD/ C No	linic areas?	
3.3 Main source of electricity No electricity Main line Generator Solar power Other			
3.4 Availability of backup ge Yes	enerator No		
3.5 If yes Current condition Working Not working Capacity not adequa Other			

3.6 Waste disposal methods

- 3.6.1 Is the segregation of waste done?
  - Yes No
- 3.6.2 How do you handle disposal of clinical waste? Burning at premises Incinerating Sending to incinerator available hospital Sending to Local Authorities Other

# <u>Physical space and Infrastructure and HR requirements at Primary care</u> <u>institutions</u>

## 3.7 Physical space and Infrastructure

	Yes	No	If "No" whether is it required (ple tick)	Adequate*	Not Adequate
Waiting area for patients available					
Space for consultation rooms					
Dispensary /Pharmacist or					
dispensers room					
Drug store area					
Laboratory room					
Rest room Medical officers					
Rest room for nursing staff					
Rest room for other staff					
Toilet facilities for patients (male and					
Female)					
Space for a meeting room					
Pantry area					

\* Please refer to general circular 01-29/2018 published by MoH - physical space norms for primary health care facilities

3.7.1 if any additional requirements/remarks please mention.....

3.8 Availability of Health Quarters and current status

	Yes	No	fully utilized	Under utilized
Quarters for MOO				
Quarters for NOO				
Any Other quarters*				

3.8.1 Any Other quarters please specify: .....

# Services for curative and preventive care work

## 3.9 Infrastructure Facilities to deliver services

	Yes	No	If "No" whether is it required	Adequate	Not Adequate
			(ple tick		
Dental room facilities					
ETU room/ space for emergency care					
Dressing room/space for wound care					
Injection room facilities					
Clinic room/rooms to handle					
ANC/FP/Well women clinic/NCD care					
/nutrition promotion work					
Office space for PHMs ( for those who					
visit from MOH office)					
Office space for PHIs ( for those who visit					
from MOH office)					
space for breastfeeding					

3.9.1 if any additional requirements/remarks please mention.....

.....

# Minimum preparedness to provide covid 19 and or any communicable diseases outbreak emergency responses at OPD and Emergency Department care

3.10 Availability of facilities and services to manage any out diseases outbreak emergency Responses

	Yes	No
Separate areas to manage suspected patients to have Covid 10		
Separate areas to manage suspected patients to have Covid-19 infection or any other epidemic		
Separate triage area Sign posted at the entrance of all hospitals		
Major symptoms/risk factors should be displayed at the entrance		
All OPDs		

# Equipment and other items used for NCD screening and diagnosis

#### 3.11 Availability of essential medical equipment

	Yes	No	Number Adequate	Number Not Adequate
Blood pressure apparatus				
Microscope				

Thermometer		
Nebulizer		
ECG machine		
Oxygen supply cylinders		
Ophthalmoscope		
Measurement tape & stadiometer		
Weighing machine		
Pulse oximeter		
Glucometer and strips		
Cholesterol meter and strips		
Urine ketone tests		
Spaces for inhalers		
Tuning folk		
Snellen chart		
Torch		
WHO/ISH prediction chart		
Evidence based clinical protocols		
Flow charts with referral criteria		
Patient clinical records		
Medical information register		
Stethoscopes		
Weight scale with or without height measuring		
Height measuring rod for children and adults		
Weighing scales for infants		
Length board for infants and young children up to age 2		
years		
Examination bed		
Tongue depressor		
Tendon hammer (knee hammer)		

# Human resource needs

3.12 Availability of HR

	Approved cadre	In position
Medical officers		
Dental surgeon		
RMO/AMO		
Ward Sister		
Nursing staff		
Medical Lab Technicians (MLT)		
Pharmacist		
Dispenser		
PHNO		
Development Officer		
Management Assistant		
SKS staff		
Multi task force (Bahukarya) staff		

Section 4 of 4 Project-Related Specific Question

	itution has facilities	to conduct	cervical can	cer screening	(PAP	smear
testing) Yes		No				
4.2 Do you have th Yes	ne facilities for sputur	n collection : No	for TB Scree	ning		
4.3 Dose the hosp Yes	ital have facilities to d	eliver prima No	ry oral healt	h care package	?	
4.4 Dose the hosp Yes	itals has facilities to m	nanage the ba No	asic emerger	ncies		
4.5 Are you provid Yes	ling routine nutrition	counselling No	services thro	ough the hospit	tal?	
4.6 Are you provid Yes	ling mental health act	ivities or cor No	iduct clinics	?		
Patient record	system and referra	l mechanis	m			
4.8 Currently avai	ilable digital patient r					
4.8 Currently available HIMS	ilable digital patient r HHIMS 🗖	ecord syster				
HIMS		ecord syster Any Other	n			
HIMS 4.9 Does the hosp Yes	HHIMS HHIMS HHIMS HHIMS HHIMS HHIMS HHIMS HIM ital have internet facil	ecord syster Any Other ity?	n			
<ul> <li>HIMS</li> <li>4.9 Does the hosp Yes</li> <li>4.10 If yes what kin Fibre Wired Wired Wi Fi route Dongle Other</li> </ul>	HHIMS HHIMS HHIMS HHIMS HHIMS HHIMS HHIMS HIM ital have internet facil	record syster Any Other ity? No	n 			

## Laboratory investigation facilities

5. Av	ailability	of laboratory	y facilities
-------	------------	---------------	--------------

- A. Functioning laboratory with MLT is available
- B. Laboratory available , but functions with relief MLT
- C. Laboratory available, but not functioning due to the unavailability of MLT
- D. No laboratory
- E. Sending samples to nearby lab
- If your answer to question No 05 is "A", do you provide laboratory services to the 5.1 nearby hospitals and MOHs No Γ

-	-	
Yes		

5.2 If answer is "Yes" please indicate name of Hospitals and MOHs

.....

5.3 If your answer to question No 05 is "B" & "C", Do you have a MLT in the approved hospital carder? No 

Yes

5.4 If your answer to question No 5 is "C" or "D" how do you provide following basic laboratory facilities

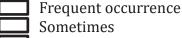
	By glucose meter / Cholesterol meter	By point of care analyser	By sending sample to laboratory in nearby hospital	By sending samples to central laboratory	By patient through private laboratory
Blood glucose					
Cholesterol					
Creatinine					

# **Drug supplies**

- 6. How do you make the orders for medical supplies
  - Annual estimates are prepared by you
  - Regional level drug stores will take care of that
  - Regional office will discuss with you and do the calculations
    - No specific mechanism to do this
- 6.1 How do you estimate your annual drug requirements?
  - Increase by certain percentage from last year's estimates



- Regional level officers will do the calculations Not involve at all
- 6.2 How frequently you experience with shortfall of essential medicines at your institution



- Sometimes Rarely
- 6.3 How frequently you prescribe drugs and request patients to buy from outside pharmacies

Very frequently
Sometimes
Rarely

- 6.4 Do you have a good storage facility with AC to store pharmaceuticals Yes No
- 6.5 Do you have a refrigerator to store such required Yes No

# **Citizen Engagement**

- 6.6 Are you aware about existing government guidelines on functioning of Friends of facility committee "Suwasewa Mithuro" Yes No
- 6.7 Have you established a "Friends of facility committee?" Yes No
- 6.8 How frequently they meet

Monthly	
Quarterly	
Annually	

6.9 l	Is there any appointment system as Yes	lopted at the institution for consulting patients No
6.10	Is there any grievance/suggestion Yes	box kept at the institute.
6.11	If Yes- How frequently you check t Weekly Monthly Not looking at it	he box
6.12 A	Any corrective measures are undert Yes	aken in such situations. No
In addi	lition to the above details, are there any t	hings you suggest to improve the services

Authorization

I hereby declare that the information given above is true and accurate to the best of my knowledge.

Authorized Officers' Name and designation

Date:

Authorized Officers' Signature