

What is surveillance?

National NCD Surveillance

National NCD Surveillance is the ongoing systematic collection and analysis of data to provide appropriate information regarding
□Country's NCD disease burden
□Population groups at risk
☐Prevalence estimates of NCD risk factors
☐Behaviours and determinants coupled with the ability to track health outcomes
☐Risk factor trends over time

National NCD Surveillance

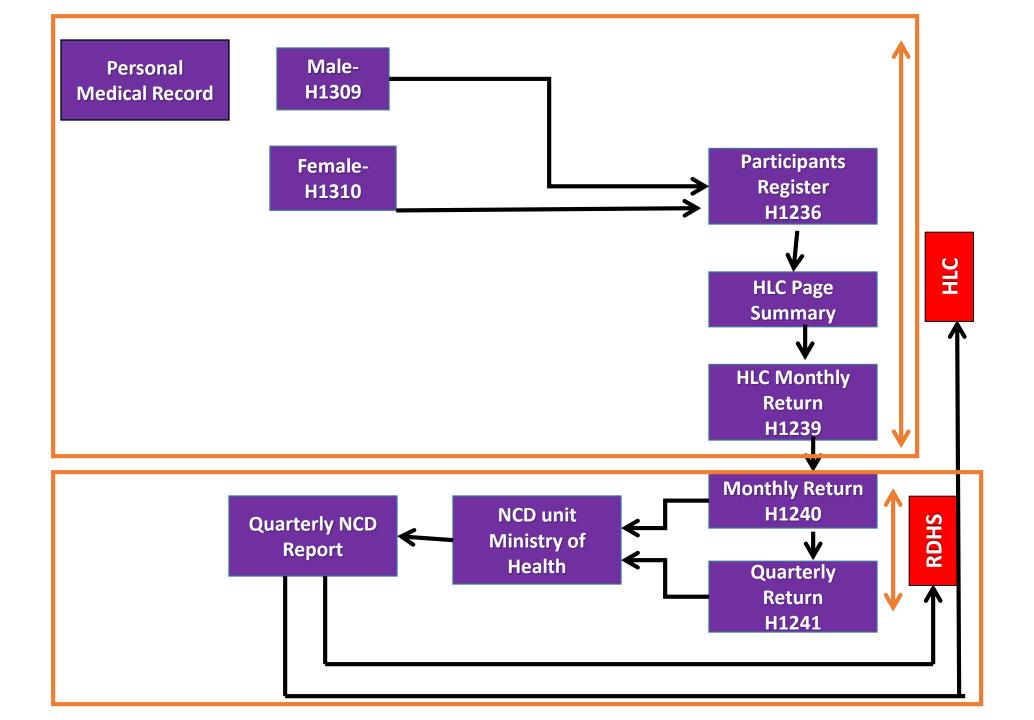
Routine Surveillance on Chronic NCD
Screening

At Healthy Lifestyle Centers

Returns and Registers used in HLC

Recently revised

- H 1309 & H 1310 Personal Health Record
- H 1236 A & B Participant Register & Daily Summary (Male/Female)
- H 1237 Follow up Register
- H 1239 Monthly report of activities done for NCD screening
- H 1240 Monthly summary of the screening activities done in the district
- Online data entry system



Records, Registers and Returns

Personal Medical Records

Male-H 1309

Female-H1310

Participants Register

H 1236

H 1239

HLC Monthly Summary

H 1238

HLC Follow up Register

Healthy Lifestyle Centers

Records, Registers and Returns

Monthly Return

H 1240

Quarterly return

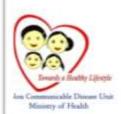
NCD Unit RDHS

H 1241

Feedback

NCD Unit Ministry of Health

Quarterly NCD report



Quarterly Chronic NCD Report Screening Activities

A publication of the Strategic Management and Information Unit,

Non-Communicable Disease Unit

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Non-Communicable Disease Screening Activities

Non-communicable diseases (NCDs) are the leading cause of mortality in Sri Lanka, causing more death (83%) than all other causes combined. However, despite their rapid growth, much of the human and social impact caused by NCD-related diseases and deaths could be averted through well planned, cost effective and feasible interventions. Early detection of main risk factors and health promotion are among the strategies identified within the National NCD Policy Framework to reduce disease burden of the country. Hence establishing Healthy Lifestyle Centers in healthcare institutions throughout the country has been an achievement.

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H - 1236 Participant Register & Daily Summary (Male/Female)

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Information gathered

- Personal details
- Findings of
 - Risk factor assessment
 - Clinical assessment
 - Investigation
 - CVD Risk status
- Referral
- Follow up plan

- Filled at every clinic session by HLC staff (NO)
- Summary of the daily session done at the end of the page.
- Data transferred to the monthly return at the end of the month

H – 1239 & H -1240 Monthly Returns

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Data

- Data of the findings summarized by the age groups and sex
 - Risk factor assessment
 - Clinical assessment
 - Investigation
 - CVD Risk status

Important

1. Accurate recording

Follow the definitions: Eg. Categorizing of Blood pressure levels & Blood glucose levels

- 2. Completeness
- 3. Timeliness

Monitoring

- Monitoring your own data
- Identify and prioritize the health problems
- Plan strategies to improve the health of the Community

National level

- 1. Feedback based on Quarterly/annual reports on coverage and quality
- 2. National level evaluation and rewarding